

What kept me happy during Covid 19

Covid 19 has been both a stark but inspiring life lesson. I learned how to care for a puppy and also let go of my dog, after 12 years. This was very difficult. I think Covid gave me the chance and time to explore different things in life, such as going for walks in the fields, swimming in the river and discovering new talents such as gymnastics.

Don't get me wrong! It wasn't all fun and games. Not being able to see friends and relatives was hard. But everyone was working together to keep everyone safe. It felt like life was going at a much slower pace, everyone had to become resilient. We had to stand up to life and maybe go the distance.

One of the movies I watched during lockdown really clicked with me. It was about a man and life throwing its worst obstacles at him. He kept going. He was still willing to live life with integrity. He took all the blows and hits life throw at him and still prevail.

It reminded me of what everyone is going through and about being resilient. These six months were long and hard but most life lessons are learnt through difficult times and help us grow most.

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